

# GREY-BRUCE COMMUNITY HELP LINE 1-844-806-3093



## POST MESSAGE

Navigating local health and social care options can be confusing. To make this process easier, the Grey-Bruce Ontario Health Team (GBOHT) has launched a local Community Help Line, designed to assist community members navigate local health and social services available in our region.

The Grey-Bruce Community Help Line is active from 8 a.m. to 8 p.m., Monday to Friday, including statutory holidays that fall within this time frame. Help is just a call away! Dial 1-844-806-3093 to get connected.

#GreyBruceOHT #CommunityPhoneLine #CommunityCare #SeniorResources  
#MentalHealthResources #Healthcare #SocialCare #OHT #OntarioHealthTeam

## GRAPHIC

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When you call the Grey-Bruce Community Help Line at 1-844-806-3093, a dedicated navigator will provide support and connect you to local health and social services in Grey-Bruce. Based on your reason for calling, the navigator stays on the line and provides a personalized transfer to the local services available.

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Help is just a call away! Connect with a friendly navigator for support and personalized transfers to a range of local health and social services. The Grey-Bruce Community Help Line is specifically designed for residents to find local resources and assistance, such as mental health counselling, housing support services, recreation programming, and more!

Call 1-844-806-3093 to be connected today. The Community Help Line is active from 8 a.m. to 8 p.m., Monday to Friday, including statutory holidays that fall within this time frame.

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