



DIGITAL TOOLS: ConnectMyHealth

Empowering Patients through Digital Health

ConnectMyHealth is a free digital health solution provided by the HITS eHealth Office at Hamilton Health Sciences (HHS). It offers patients a secure online access point to view their health records from participating hospitals across southwestern Ontario.

WHY RECOMMEND IT TO YOUR PATIENTS?

ConnectMyHealth enables patients to take control of their healthcare by providing easy access to their health records. This tool helps them understand their health better and enhances their overall healthcare experience.

FEATURES AND CAPABILITIES:

Patients can access a variety of reports and results through ConnectMyHealth once they are made final by the contributing facilities. Examples include:

- Radiology reports and images (where available)



- Cardiology-related reports and images (where available)
- Laboratory test results
- Clinical reports (e.g., discharge summaries from hospital visits)
- Select medication information
- Allergy documentation from hospital visits
- Pathology and genetics reports
- Details of past and upcoming hospital visits (where available)

Note: Health records from primary care providers are not accessible through ConnectMyHealth.

INFORMATION NOT AVAILABLE:

- HLA tissue typing
- Forensic reports
- Toxicology reports related to autopsies

OTHER KEY FEATURES:

- **New Results Alerts:** Patients can subscribe to receive email notifications when new results are available.
- **Personalized Dashboard:** Allows patients to customize their dashboard to show the most important health records.
- **Patient Visits Timeline:** Patients can view their upcoming hospital appointments, where available.

**FOR MORE INFORMATION, PLEASE
CONTACT: MATTWARD@BRIGHTSHORES.CA**