



#WhereToGetCareGreyBruce

MENTAL HEALTH & ADDICTION DROP-INS

MENTAL HEALTH WALK-IN CLINICS

BRIGHTSHORES' CLINICS

- **Durham:** West Gray Public Library at 453 Garafraxa St. S., every other Thursday 1:00-3:00PM.
- **Hanover:** The Loft at 290 10th St. on Tuesdays, 1:00-3:00PM.
- **Lion's Head:** Lion's Head Hospital at 22 Moore St. (Board Rm)., Tuesdays 1:00-3:00PM.
- **Meaford:** Meaford Library at 11 Skyes St. N., Wednesdays 1:00-3:00PM.
- **Owen Sound:** Wellness & Recovery Centre at 6th St. A East, Monday to Friday 9:00-3:00PM.
- **Warton:** Allied Health Building at 369 Mary St. (Rm 111)., Thursdays 1:00-3:00PM.

CMHA CLINICS

- **Kincardine:** 865 Queen St., every 1st Tuesday of the month from 1:00-3:00PM.
- **Port Elgin:** 743 Wellington St., every 4th Tuesday of the month from 1:00-3:00PM.

S.O.S. CLINICS

Supportive Outreach Services (S.O.S.) is a collaborative initiative that brings together social workers and healthcare providers to support vulnerable individuals dealing with mental health and substance use challenges. Through accessible clinics and a mobile outreach team, S.O.S. offers episodic medical and mental health care, harm reduction education, assistance navigating health and social services, access to basic necessities like food and hygiene products, and referrals to ongoing support. Additionally, the program provides short-term case management to address immediate needs and foster connection to long-term resources.

S.O.S Pop-Up Clinic Calendar: unitedwayofbrucegrey.com/sos-pop-up-market-schedule/.

Need S.O.S. support: call or text - 519-379-8743 or email - sos@cmhagb.org. Staff are available Monday to Thursday 8:30AM to 6:00AM.



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RAAM CLINICS

RADID ACCESS ADDICTIONS MEDICINE (RAAM) CLINICS

- **CMHA (Hanover Site):** 425 10th Street, Unit 8, every Tuesday 1:00-3:00PM.
- **Dundalk Erskine Community Health Centre:** 90 Artemesia St. S., every Tuesday 10:00-12:00PM and 1:00-2:00PM (with Nurse Practitioner virtually and Registered Nurse on site).
- **Hanover District Hospital:** 90 7th Ave., every Thursday 2:00-6:00PM.
- **Kincardine Hospital (Ambulatory Care):** 1199 Queen Street N., every Friday 9:00-12:00PM.
- **Libby's Clinic at OSHaRE:** 946 Third Ave E., every Friday 10:00-2:00PM.
- **Lion's Head Hospital:** 22 Moore St., every other Thursday 2:00-6:00PM.
- **Owen Sound Addictions Treatment Services:** 495 9th Avenue E., every Monday, Tuesday, Friday from 9:00-12:00PM and Wednesday 1:00-4:00PM **due to high volumes at this clinic, drop-ins are as available only.*
- **Port Elgin Paramedic Station:** 1241 MacKenzie R., every other Friday 2:00-4:00PM. **Not a drop-in, please call to book an appointment.*
- **South Bruce Grey Health Centre (Durham Site):** 320 College St N., every other Thursday 2:00-6:00PM.
- **Warton Hospital (Allied Health Building):** 369 Mary St., every other Tuesday from 1:00-4:00PM.

Call and make an appointment at 519-376-5666 x2 or 519-986-2222. Drop-ins are also welcome (unless stated otherwise)!

COMMUNITY HELP LINE

1-844-806-3093

The Grey Bruce Ontario Health Team has launched the **Grey-Bruce Community Help Line** to connect residents to local health and social care resources available in our community.

Help is just a call away!

Connect with a friendly navigator for support and warm transfers to local health and social services. Call to discover and access community programs and services more easily.

WWW.GREYBRUCEOHT.CA