



# #WhereToGetCareGreyBruce

## PRENATAL AND NEWBORN RESOURCES

### BROCKTON AREA FAMILY HEALTH TEAM

**CALL: 519-507-2021 X24**

- Virtual Prenatal Classes facilitated by a Registered Nurse and a Kinesiologist are offered in two formats: a 1-day condensed Saturday workshop, or a 4-session series workshop offered one evening per week for 4 weeks. The program is open to all expectant mothers and their partner/support person.
- Breastfeeding education and support from a certified lactation consultant is available to all expectant and new mothers.
- Newborns delivered at SBGHC who do not have attachment to a Primary Care Provider can be followed by a BAFHT Nurse Practitioner.

### HANOVER FAMILY HEALTH TEAM

**CALL: 519-506-4348**

- The Prenatal Program is open to all rostered and non-rostered expectant families birthing children at Hanover Hospital. Referrals come from local primary care providers or through the OB Clinic at Hanover Hospital.
- Newborns delivered at Hanover Hospital from the area, who do not have a primary care provider (i.e., unattached), receive follow-up care from a Hanover-based physician or NP at postpartum. *Note: this does not necessarily apply to providing ongoing primary care for the newborn's parents or other immediate family members who do not have a primary care provider.*
- Provide additional programs for newborns, such as infant feeding support.

### KINCARDINE FAMILY HEALTH TEAM

**CALL: 519-396-2700**

- Provides services to the Kincardine and Huron Kinloss catchment area.
- Starting in June 2024, a primary care midwifery program will commence, offering lactation and feeding consultation, and prenatal and postnatal care to clients, excluding attendance at births.

**WWW.GREYBRUCEOHT.CA**



# #WhereToGetCareGreyBruce

## MIDWIVES GREY BRUCE

**CALL: 519-371-2886**

- Midwifery services are Ministry of Health-covered for all residents of Ontario, regardless of OHIP status.
- Services are available for all of the Grey-Bruce catchment area.
- To access services, individuals may self-refer. Spots are limited and fill up quickly so it is encouraged that pregnant people self-refer as soon as possible.
- A full course of prenatal care, delivery, and 6 weeks of postpartum care is provided. Due to the limitations of the funding model, Midwives (outside of Expanded Midwifery Care Models) cannot provide episodic or fee-for-service care.
- Following the completion of midwifery care at 6 weeks postpartum, discharged clients require access to primary care for immunizations and well-baby checks.

## OWEN SOUND FAMILY HEALTH TEAM

**CALL: 519-470-3030 X103**

- Serve both unattached prenatal individuals and newborns with addresses in Owen Sound, Meaford, Georgian Bluffs, Chatsworth or South Bruce Peninsula.
- Prenatal individuals can self-refer and newborns can enter care through the hospital or midwives.
- Unattached prenatal care is provided until referral to delivery, followed by a 6-week postpartum visit.
- Unattached newborn care is provided from birth until 18 months, unless a “Most Responsible Provider” is found prior to 18 months.

## PENINSULA FAMILY HEALTH TEAM

**CALL: 519-793-3445**

- Accepting unattached babies and parents from Wiarton to Tobermory and shore to shore.



# #WhereToGetCareGreyBruce

## SOUTH EAST GREY COMMUNITY HEALTH CENTRE

**CALL: 226-379-4715 OR 519-986-2222**

The South East Grey Community Health Centre Perinatal Rural Access Multidisciplinary (PRAM) program provides:

- Routine prenatal care through the third trimester, in collaboration with local obstetricians.
- Home visits during the postpartum period until the baby regains birth weight.
- A non-urgent call/text line for questions, concerns, or scheduling visits.
- A variety of free prenatal and postpartum group sessions, including infant feeding support.
- Acceptance of any unattached pregnant individual or newborn within the SEGCHC catchment area.
- Ongoing well-woman and well-baby care for unattached patients in the community.
- *\*The program does not provide labour and birth care.*

## VICTORIAN ORDER OF NURSES - SOUTHAMPTON

**CALL: 226-909-1309**

- Currently there are two Nurse Practitioners (NPs) in Saugeen Shores, with plans to expand to four NPs with a social worker/navigator and a dietitian or nurse.
- Accepting new patients and providing comprehensive primary care, with a special focus on unattached prenatal care and complex, high-risk patients, such as those with mental health issues and frail seniors.
- Accepting every pregnant individual and newborn residing in Saugeen Shores.
- Pregnancies are referred immediately to midwives or to an obstetrician at 24-28 weeks of gestation.